Mountain Weather Forecast

Lake District National Park

Forecast valid from 06:00 on Sunday 07 Jul 2024 until 23:59 on Monday 08 Jul 2024

Forecast Issued on Sunday 07 Jul 2024 at 02:10

Confidence: High for next couple of days falling low for Tuesday and Wednesday

Headline for Sunday 07 Jul 2024: Sunny intervals and occasional heavy showers, perhaps thundery. Mostly light westerly breeze.

Mountain weather hazards on Sunday 07 Jul 2024

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Light rain showers	Heavy rain showers	Heavy rain showers	Sunny intervals	Sunny intervals
Precipitation probability					
10%	40%	60%	60%	20%	10%

Forecast for Sunday 07 Jul 2024

Weather: Scattered showers pushing in from the west quite early in the morning, some heavy with the chance of thunder. As the day goes on the focus of the showers will shift to the eastern fells while the west becomes mainly dry, best of the sunshine towards the west coast. The evening will then become dry everywhere with sunny then clear spells.

Chance of cloud-free hill tops above 800m: 80% at first rising more than 90%

Low cloud and visibility: Patchy cloud above 800m at first but otherwise the cloud will be mostly above the tops. Visibility very good but falling moderate or poor in heavier showers with a few patches of fog above 500m.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Mountain Weather Forecast

Ground Conditions Supplement
No recent ground conditions report available.

Issued at: 02:10 on Sun 07 Jul 2024

Forecast for Sunday 07 Jul 2024

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	12/14 W	8/11 W	10/15 SW	11/17 W	9/14 W	7/10 SW	7/9 SW
600	10/13 W	8/11 W	10/15 SW	11/17 W	9/14 W	7/11 SW	7/11 SW
300	5/12 NW	6/10 W	6/12 W	8/16 W	7/12 W	4/8 W	4/8 W
Valley	4/11 NW	5/9 NW	7/12 W	9/16 W	9/14 W	6/10 W	3/7 W

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
900	5/1	6/3	7/4	7/4	7/4	5/3	5/3
600	7/4	8/6	9/7	10/7	10/7	7/5	7/5
300	10/9	11/10	12/11	13/11	12/11	9/8	9/8
Valley	12/11	13/12	14/12	14/12	14/12	12/12	12/11
Freezing Level*	1700m	1700m	1800m	1800m	1800m	1800m	1800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Meteorologist's View
Nothing extra

Forecast for Monday 08 Jul 2024
Weather: Clear overnight then a sunny start but scattered heavy showers breaking out again during the morning and a few isolated ones around in the afternoon, but fading later with a sunny end to the day.

Maximum wind: Southerly 10-15mph

Chance of cloud-free hill tops above 800m: More than 90%

Low cloud and visibility: Cloud above the tops and visibility mostly very good with only brief deteriorations near any heavier showers

Temperature: **Valleys:** Plus 5 rising to Plus 18 Celsius
At 800m: Plus 5 rising to Plus 10 Celsius
Freezing level: Above the summits

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